

Perhaps this post abortive woman, pregnant with her first living child says it best:

‘Sometimes I think that I’ll have my baby and I’ll love him with all my heart, but then something bad might happen to him and I will have no right to protest because I deserve it...but then again, these thoughts come from nowhere and I have to be careful not to contemplate them but to rebuke them...God is a good Father and He has always been with me, even at my lowest points. He will NOT abandon me, ever, even if something ever does happen, He will be with me.’

How true, God is a good Father who never abandons us. In spite of any feeling we may have to battle, we need to claim what we know is truth, that He loves and is always ready to forgive us.



So, enjoy your pregnancy and the growth of the new life within you. Remember to ask for help if you are struggling with fears....you do not have to do this alone. There are people who would like to help you.

Remember, post abortion healing is available and possible. Most of all remember, God never abandons us !

Lumina/Hope & Healing after Abortion
A ray of light in abortion’s darkness!

For further information on referrals,
trainings or speakers

Contact:

Tel: 1-877-586-4621

Fax: 718-881-8009

<http://www.postabortionhelp.org>

lumina@postabortionhelp.org



A program of Good Counsel Homes

Being Pregnant
After
Abortion



“I thought for sure God was going to punish me for my past abortions, but I have come to learn that is not God’s way.”

Lumina
Hope and Healing after Abortion
A post-abortion ministry & referral network

“From the beginning I was afraid something would happen to make the pregnancy end or surely the baby would be disabled or have Downs Syndrome. This was even further made known to me from the doctors that I went to see. They're all concerned with testing you to find genetic disorders, etc. My question always was "does it really matter?" TF



As happy as you may be, being pregnant after having had an abortion can sometimes be difficult, bringing with it stresses and many unresolved feelings.

Very often, women express thoughts that take away the joy that should be theirs in learning of their pregnancy.

Many women relate feelings of living in fear of punishment by God for the entire nine months of their pregnancy. They do not think they are worthy or deserving of being a mother.

Many spend their pregnancies pleading with Him not to punish their babies for what they have done. Others act out, feelings of anger, fear or rage because of a previous abortion without even knowing why they are feeling that way. Still others may be aware of their fears, which make them unable to enjoy the thought of the birth of their unborn child.

All of these feelings are common to so many women experiencing pregnancy after abortion, but you do not have to let those feelings steal away your happiness! The truth is, God is a God of mercy. A God who longs to give His forgiveness and healing, not punishment! His desire is to see you become whole again.

“When I started looking into pregnancy websites and seeing the pictures of the embryo week by week, by the sixth week or so of pregnancy I again felt sadness to know what my other babies looked like before I decided to end it. To know that they were truly alive within me, with a tiny-tiny heart –it hurt so much... In the many moments I've felt like this I let myself cry if I had to, I acknowledged my pain and sometimes (as silly as it may sound) as consolation from above I heard in my heart my babies in heaven telling me not to cry, that they love me and that they have forgiven me and that I should not be so hard on myself...” SP

“As soon as I found out with the home test -it took me back to the moments I did the test in the past --- to remember the anguish I used to feel waiting for the result and to know what I did took away from the joy that I was able to conceive again. ... But I chose to focus on the mercy God was showing me... as if He was smiling at me saying: “you see, I have truly forgiven you” .

SA

God does not want to rob you of the beauty of your motherhood, in fact, He wants you to embrace it!

Addressing your past abortion with someone who can help you may help to alleviate any fears you are having.

As one woman said: “Talk about your feelings with others who have experienced this, get lots of rest, eat healthy, stay connected to God and know that your mind/body is going through huge changes which you have no control over and it is ok to be afraid.”

