

Are you, or is some one you know suffering the loss of a child through abortion?



Men Suffer too!

The message of abortion has been confusing for men. They are told it is a “women’s choice” and that they have no rights regarding their unborn child. In fact, it is true. Men have no legal rights in an abortion decision, yet, if a woman aborts and is then suffering, they often feel as if they have failed her by not protecting or stopping her!

NO WONDER IT IS CONFUSING!

- Some men have used abortion as a means to avoid responsibility for their actions.
- Others did not want abortion, and were willing to take responsibility but were unable to prevent the abortion from happening.
- Some men may be married to women who are suffering as a result of an past abortion and her struggles are effecting their relationship.
- Some men don’t recognize what they have done until they have future children.

“The idea of apologizing seems so ridiculous to me. As if saying the words, “I’m sorry” could somehow compensate for what I did. I am sorry, I am sorrier than I could have ever imagined and these words I truly mean. I am sorry that I killed our first child. If I had it to do over again, I would take another path, one that would have given our child a chance to live her own life.”

– James



- Did you pressure someone to abort?
- Were you against the abortion?
- Did you go along because you thought you had no say and wanted to support the woman?
- Did someone else pressure you both?
- Did you find out after the fact?
- Is the woman you are now married to or with, post abortive?

YOU ARE NOT CRAZY OR ALONE!

There are countless men who are suffering just like you are.

You have a right to your feelings !

You have a right to reclaim your fatherhood and your children!

ARE YOU SUFFERING FROM

- Depression
- Anxiety
- Sexual dysfunction
- Guilt
- Anger
- Fear of failure
- Lack of trust
- Lack of intimacy
- Unable to bond with living children
- Grief
- Low Self Esteem
- Alcohol / Drug Abuse

THERE IS HELP AVAILABLE!



“I carried that pain and guilt in secret for many years. I never spoke to anyone about the abortion, and although I have told some family members and attended a ministry, I still have not been able to tell my own Dad about his granddaughter who was aborted. ”

– Thomas

"My wife and I had been married for 17 years with 2 children, but our marriage seemed to be crumbling. As I planned to divorce my wife something unplanned happened. She informed me she was pregnant. She hoped it could be a new beginning for us. Unfortunately, I did not share her optimism and my idea of a new beginning was much different than hers. I even went so far as accusing her of having an affair in an attempt to rid myself of the responsibility of fathering another child I would not be around to raise. I quickly decided to schedule an abortion against her wishes and forced her to go through with it. This resulted in the taking of a life and the breaking of a life as she saw her hopes shattered."

– Charles

No matter what the circumstances surrounding your abortion, help is available and healing is possible.

More and more men are speaking out about the devastation abortion has caused in their lives.

Don't stay alone in your suffering
There is hope and healing....



Let us help you begin the road to healing !

LUMINA OFFERS HELP THROUGH REFERRALS TO:

- Professional Therapists
- Clergy persons who understand
- Specialized retreat days
- Other men who have experienced healing

"It is one of the questions you never think to ask during pre-marital preparation – "Gee, honey, did you ever have an abortion?" Just imagine the reaction of your future wife to that question!!!

I know, because I never thought to ask that question. It never occurred to me to even contemplate asking it, and looking back over our 29 years of marriage it is probably the one thing from both of our pasts that has affected our marriage more than any other."

– Ed

For additional copies or for a referral:

LUMINA/HOPE & HEALING
AFTER ABORTION
1955 Needham Avenue
Bronx, New York 10466
1-877-586-4621

www.postabortionhelp.org
E-Mail: Lumina@postabortionhelp.org
A Program of Good Counsel, Inc.

Fatherhood and Abortion



Are you suffering from the loss of a child through abortion?

Men Suffer too!

