

# Lumina

## Hope & Healing after Abortion

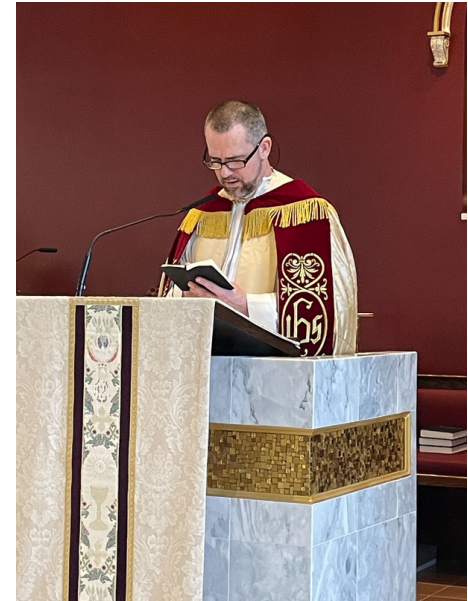
Lent 2024

"Souls are converted to God by grace. Grace is granted by God in response to prayer. And prayer is both a responsibility and a privilege for every Christian."

During this season of Lent I invite you to join with me in persevering and trustful prayer for the conversion of one particular soul--known to God alone--who has been separated from Him because of the sin of abortion. Specifically, let us pray daily three "Hail Mary's" asking the Sorrowful Mother of God to intercede for those burdened by the guilt and pain of abortion that they may come to repentance and experience the power of God bringing them to healing and new life.

Remember that the words "Hail Mary, full of grace. The Lord is with you" marked the beginning of the salvation of the world. These same words prayed by us daily this Lent can mark the beautiful beginning of the salvation of a soul lost in darkness but created by God to enjoy forever with us the light, love and glory of His everlasting Kingdom.

Rev Fidelis Moscinski, CFR



"I have not come to call the righteous, but sinners to repentance." Luke 5:32

As someone who has experienced the gamut of abortion, through its pressures, its reality, and its healing, I believe it is crucial for us to reach the millions of souls separated from God because of this horrific act. To bring the love of God to them so they have a conversion of heart and will in turn, bring others to Him who will then speak the truth of abortion as no one else can.

This total truth of the experience of abortion can relate to the millions of souls lost to God. Souls who are pro-abortion because they do not see any way back from the hell, they placed themselves in, and so they need to continue to rationalize and justify.

It is difficult for many who have experienced abortion to read the testimonies of someone so self-giving as Will Goodman, a pro-lifer currently in prison for a Rescue trying to save babies and their moms from abortion. He has joined his suffering of prison to those of the unborn in deep solidarity with their experience. In some correspondence he wrote to the public, he explains his experience in jail, "The jail retreat makes you feel invisible to the world. Helpless and absent. Separated. Muted." This is how countless people who have experienced abortions feel within both the pro-abortion and pro-life movements. Invisible, helpless, ignored, separated, muted. Perhaps for us, it is a fitting penance for denying the life of our children, but I also believe it is a tactic of the devil to obstruct the entire picture of abortion and to keep souls lost. (con't back pg)

*mercy*

# RETREAT

## PENITENTS OF LOVE

ONE DAY ENTERING CANAAN  
MERCY RETREAT  
WESTCHESTER, NEW YORK  
SATURDAY - FEBRUARY 17, 2024  
9AM-5PM

DIRECTOR: FR FRANCIS MARY ROALDI, CFR

LIMITED SPAC  
\$25  
LUNCH INCLUD

TO REGISTER CONTACT THERESA:

☎ 877 586 4621 ✉ LUMINA@POSTABORTIONHELP.ORG  
OR  
ENTERINGCANAANI7@GMAIL.COM

Have you lost a sibling through abortion?

Entering Canaan

## SIBLING WEEKEND RETREAT

April 5-7, 2024

Shrine of Our Lady of Czestochowa  
Doylestown, PA

Spiritual Director: Rev Mariusz Koch, CFR  
Music: Michael Corsini

Witness, Conferences, Sharing,  
Reconciliation,  
Holy Sacrifice of the Mass



*"I think it is good for people to know we all suffer from abortion. It is not just something that affects the mothers & fathers over time. I have not forgotten my siblings and I never will." - KT*

Sponsored by Lumina/Hope & Healing After Abortion  
www.postabortionhelp.org  
lumina@postabortionhelp.org 877 586 4621

Countless numbers of people have been impacted by the loss of a sibling through abortion whether they realize it or not. Very often, those who find out about a lost sibling will speak of knowing of their presence way before actually being told about them.

For the past 12 years we have been offering Entering Canaan Sibling retreats for those suffering the loss of a brother or sister through abortion. Through testimony, group, conferences, prayer and the sacraments many have found the peace of God through this retreat which addresses specifically the impact of this particular loss.

Know anyone suffering from the loss of a sibling?  
Spread the word!

### Afternoon of Prayerful Remembrance & Intercession

Bishop Peter Byrne

Saturday March 9, 2024

1:00pm - 3:30pm

Blessed Sacrament  
Church

1091 Forest Avenue  
Staten Island, NY



Women, men, families, health care providers, all of us, directly or indirectly, have been impacted by abortion. In response, we gather to pray as a faith community and to seek healing and forgiveness for individuals & our nation

For more information  
Call: (877) 586 4621  
or email:  
lumina@postabortionhelp.org



The afternoon will include:

- Personal testimonies from those who have been affected by abortion
- Intercessory prayer
- Eucharistic Adoration & Rosary
- Opportunity for the Sacrament of Reconciliation

Abortion impacts each one of us, women, men, siblings and society in general.

Join us for "An Afternoon of Prayerful Remembrance and Intercession" where we listen to short testimonies of those involved while entering in to prayer interceding for all those separated from God because of abortion, asking for their healing both individually and as a nation.

Join us for this beautiful reflection of God's merciful love!

FOR WOMEN SUFFERING BECAUSE OF A PAST ABORTION

# ENTERING CANAAN DAY OF PRAYER & HEALING

MONSIGNOR ANDREW VACCARI

**Saturday - March 2, 2024**

- Witness
- Video
- Sharing
- Reconciliation
- Holy Sacrifice of the Mass



For More Information call Theresa :  
[www.postabortionhelp.org](http://www.postabortionhelp.org)  
[lumina@postabortionhelp.org](mailto:lumina@postabortionhelp.org)

877 586 4621



Hope & Healing are Possible!

## Women's Retreats

Day retreat : Penitents of Love  
February 17, 2024  
Westchester, NY

Spiritual Director: Father Francis Mary, CFR  
Contact: Theresa Bonopartis 877 586 4621

Bridgeport, CT  
Contact: Maureen Ciardiello  
March 16, 2024  
Phone: 203-416-1445  
email: [mciardiello@diopt.org](mailto:mciardiello@diopt.org)

Miami Florida  
March 16, 2024  
April 27, 2024  
May 4, 2024 Spanis  
Contact: Marcela  
Phone: 954-981-2984  
Email: [ProjectRachel@thadom.org](mailto:ProjectRachel@thadom.org)

Nashville, TN  
Entering Canaan Hope & Healing Retreat  
Mary C 615-400-8796  
Sandra M 615-605-5300 (spanish)

Archdiocese of Washington  
Men's DPH -March 16, 2024  
April 13, 2024 women DPH English  
April 27, 2024 women DPH Spanish

Brooklyn, New York  
March 2, 2024  
Contact: Theresa Bonopartis  
Phone: 877-586-4621  
Email: [lumina@postabortionhelp.org](mailto:lumina@postabortionhelp.org)

Days of Prayer & Healing  
Contact: Sisters of Life  
Feb 10, 2024 (Spanish)  
March 16, 2024  
Phone: 866-575-0075  
Email: [hopeandhealing@sistersoflife.org](mailto:hopeandhealing@sistersoflife.org)

CANADA  
contact us:416-463-2722  
[toronto@sistersoflife.org](mailto:toronto@sistersoflife.org)

Syracuse, Diocese, New York  
Day of Prayer & Healing  
April 20, 2024  
July 13, 2024  
September 28, 2024  
Contact: Lisa Hall  
Phone: 855-364-0076  
Email: [hopeandhealing@syrдио.org](mailto:hopeandhealing@syrдио.org)

Arlington, VA  
Contact:Jo 703-841-3810  
February 10, 2024  
April 6,2024

FOLLOW OUR SOCIAL MEDIA





As I listen to both those who come forward for healing and those who are activists at the abortion clinics it is a common thread, feeling unheard. Some stay in silent suffering while others “shout” their abortions in the hopes of normalizing what will never be normal.

So where is the answer? In Jesus Christ alone.

As we approach the Lenten season we are asking for people to commit to saying three Hail Mary's a day for the conversion of a soul who has been separated from God because of abortion. As we walk through the battlefield of abortion we often step over those wounded as we go forward hoping to save the unborn. These two realities cannot be separated. The reality of the physical killing of the unborn and the reality of the death of millions of souls. Won't you join us, as we implore Gods Mercy for a soul known only to Him. As St John Paul II said in the Gospel of Life, these are the people who will become the “most eloquent defenders” of human life. T Bonopartis

	<p>Entering Canaan Ministry Pilgrimage to Poland For those suffering from abortion May 1-10, 2024</p>
<p>Spiritual Director: Rev. Francis Mary Roaldi, CFR</p> <p>for further information: <a href="http://www.enteringcanaan.com">2024 Pilgrimage to Poland (enteringcanaan.com)</a></p>	

A Pilgrimage to Poland will take place from May 1-10, 2024 for those whose have been impacted by abortion..

We will be visiting Jasna Gora where the Icon of Our Lady of Czestochowa is located, the patroness of the Entering Canaan Ministry. We will also visit the grave of Blessed Jerzy Popaluski, a priest martyred for standing up for the faith, as well as the Eucharistic miracle in Sokolka

Registration for the trip can be found at <http://www.pilgrimages.com/enteringcanaan>

### Lumina stats 2023

NEW Referrals: 69

Speakings and trainings: 11

Retreats: 6

Published articles: 8

Monthly Holy Hours for Life

Six week Lenten Group

Ongoing: FB, Web Site, blogging

Have you had an abortion? Are you open to signing a Declaration for the Justice Foundation stating how abortion has harmed you? Thousands of women have already signed and your name can be anonymous. Visit: <https://www.operationoutcry.org/wp-content/uploads/2024/01/DeclarationForm-2024-1.pdf>

Lumina is a program of Good Counsel, Inc

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866 - 586 4621